## Workshops Session III: Friday, March 7, 3:15 PM - 4:30 PM

Capturing Our Stories: Documenting Stories Today for Future Generations: Quinn West Godwin (Lumbee), Kerry Bird (Sisseton-Wahpeton Oyate & Lumbee), John Horan, Annabeth Poe Learn how the NC American Indian Heritage Commission has been documenting the lived experience of American Indians in tribal Auditorium communities across the state in their own voices, and how these Ш collected histories will live in the State Archives of North Carolina for perpetuity, lasting well beyond our lifespans, accessible to future generations. Sexual Violence in Indigenous Communities: Virginia Locklear (Lumbee) Historically, rape and sexual assault by European men have been used to colonize Native women and keep them subservient. Rape and colonization affect sexual violence in Biltmore Indigenous communities. Addressing sexual violence in Indigenous communities should address historical trauma and oppressional, generational violence in a context that meets cultural needs. Native UNC: Tribal & University Collaborations Marissa Carmi (Oneida Nation), Jillian Cady, Ellie Prosser, Kalila Arreola (Tlingit), Cayley Robinson UNC American Indian Center staff share updates and seek input about new and ongoing AIC projects, including the Morehead American Indian Cultural Garden and the Native Leadership Institute. Join us to share your feedback and help strengthen current and future AIC initiatives. Wills and Other End of Life Documents : Alfred R. Richardson (Haliwa-Saponi) Presents information on wills and other necessary end of life documents to get tribal citizens thinking about these Carolina necessary but often overlooked steps. Mental Health First Aid for Tribal Communities: Alicia Freeman (Waccamaw Siouan) For those interested in better supporting mental wellbeing in indigenous youth. Overview of the National Certification Training provided by Mental Health First Aid for Tribal Communities Blandwood and Indigenous Peoples. Learn about historical trauma, systemic inequities, and stigma in mental health disparities in Indigenous communities. Explore how to access these trainings in tribal communities in NC.